

**NEUROSCIENCES IN ACTION 2019** 

Level 1 March 21th to July 2nd

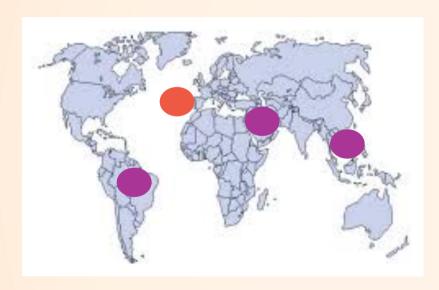
Co-Leadership

Mónica Rodrigues Lara Próspero Cristina Mesquita Fátima Rodrigues





### **PWN AROUND THE WORLD**



PWN Lisbon has more than 600 members - including Premium Members, Corporate Members and online users - and 15 board members and organizes several dynamic initiatives along the year.

PWN Lisbon is part of a major association, PWN Global, a dynamic fast-growing networking and leadership development platform for professional women of all sectors and industries.

With more than 3500 members and more than 90 nationalities, PWN Global is currently present in 30 cities and delivers more than 600 events per year.





### **NEUROLEADERSHIP PROGRAM**

#### 1 PROGRAM & 2 LEVEL COURSE

In this new edition PWN Lisbon rethinks the concept of Leadership and launches a NEUROLEADERSHIP PROGRAM. A new strategic vision towards the co-creation of a multigenerations & multissectorial pipeline network.

This Program has 2 levels:

- · Level I, Focused Leadership. Neurosciences in Action
- Level II, Life Design & Talent Management. How to thrive your *Career Management*.

Level I, Focused Leadership. Neurosciences in Action. A 4 months period. Starting march 21 and closing july 2. Schedule 6.30 p.m. to 9.30 p.m. Four sessions /month. Three Modules.

Level II, Life Design & Talent Management. A 3 months period. Starting september and closing november. Schedule 6.30 p.m. to 9.30 p.m. Four sessions /month. Three Modules.

Consulte https://www.facebook.com/pwnlisbon/





#### **PROGRAM OBJECTIVES**

Getting to know the leadership foundations while providing tools, developing skills and sharing successful stories for women who are potential leaders.

Promote the Cognitive competencies of a leader.

Develop team Management capabilities in internal and external environments, with diversity focus and at a global scale.

Develop professional networking in several important national and international sectors and industries.

Accelerate career
Management capability.







Feel. Play. Inspire.





#### **TARGET GROUP**



- Professionals aiming to progress into management and leadership roles
- High potential professionals, identified by their companies to access to leadership roles
- Professionals going on a reflection about their own career



#### **METHODOLOGY**



- Blended model of 48 hours in-class sessions plus 10 hours of individual assignments, including formal classes, cases' analysis, unconferences dynamics, group discussions
- 4 month program



#### THE APPLICATION PROCESS AND COST

#### It lasts 1 month and costs €1201):

#### 1. APPLICATION CONDITIONS:

- Member of PWN Lisbon (compulsory)
- Minimum experience of 3 years in leadership roles (compulsory)
- Frequency of Focused Leadership Course level 1 compulsory to attend level 2

#### 2. APPLICATION:

- CV
- Online application

#### 3. WELCOME SESSION:

- Get together moment to know all the group
- Welcome drink
- 1) Price per level €120 Excludes outdoor & workshops & dinner values





#### **REGISTRATION PROCESS TIMELINE**











INTERVIEW

**ADMISSION** 

**PROFILING** 

**COURSE** 

**Application Phase / Interview** 

Feb'13 - Mar'14

**Profiling** 

Mar<sup>21</sup>

**Admission disclosure** 

Mar'18

**Beginning** 

Mar'21





#### **PROGRAM STRUCTURE**

The program lasts 4 months and involves 6 different activities:

- Welcome Session
- In-class sessions
  - 4 months march 21 to Jully 2 (closing event)
  - On Thursday/week, schedule 6.30pm-9.30 pm
  - Modules: 3
  - Calendar
    - Março : 21, 28
    - o April: 4, 9\*\*, 11, 16\*, 23\*
    - o May: 2, 9, 16, 23, 28\*\*\*, 30
    - o June: 6, 18\*, 27,
    - Jully: 2\*
- 1 Workshop or outdoor/month
- 1 Networking Unconference Dinner with personalities from corporate, politics & media world
- 1 Closing Event



<sup>\*</sup>Sessions to be held on Tuesdays because of holidays

<sup>\*\*</sup> Special session with international speaker

<sup>\*\*\*</sup>Antecipated session due to special holidays on week (June 10 – 14)



#### PROGRAM IN-CLASS SESSIONS



#### MODULE 1 – FOCUS ON YOU. CHANGE THE WAY YOU MAKE DECISIONS

Attention Focus and how the brain works. Time Management. Mindfulnness Program & Training

Positive Pshychology: a tool for wellbeing

Self-counscious and Self regulation processes. Training

The neurosciences of Risk and Decision Taking Process

**Genetics, Wellbeing and High Performance** 

**Profile assessment evaluation** 



#### MODULE 2 – FOCUS ON THE OTHER. CHANGE THE WAY YOU WORK

ETHICS in life & work. Their impact on Social responsability (personal and organisational scale)

Emotional and Social Skills. The neurosciences of trust.

**Communication Competences.** 

Leadership form the field. Act like a Leader. Feel like a leader. Play like a leader.

Your leader profile: assessment evaluation. Leadership Tools.



#### MODULE 3 - FOCUS ON THE WORLD. THE WORLD AS AN OPPORTUNITY

Geopolitical and Geostrategical Analisys on World 2030. Detecting Trends. New opportunities in a World Economy in crisis.

The technological revolution 2030: thinking ahead for Long Life Learning.





#### LOCAL





A PWN Lisbon agradece à sua parceira EPAL, pela cedência de sala

para realização das sessões semanais do programa.





#### **CONFIRMED INTERNACIONAL SPEAKERS**



Neuroleadership Program Event

Date: march 15, 6.00 p.m Local: Abreu Advogados

Keynote speaker: Omid Asgari

«Neuromarketing & Neurobranding 2030»

- Senior Researcher and Teaching Assistant na empresa Nova SBE on Neurobranding
- CEO at Delta Consulting Group (DCG)
- From Iran



Neuroleadership Program Event

Date: april 9, 6.00 p.m

Local: Epal

Keynote speaker: Sonya Richardson

- · President PWN Global
- In this picture with Ana Torres, President PWN Lisbon
   @PWN Lisbon anual event 2017





### **PAST INTERNACIONAL SPEAKERS**



Federiga Bindi, Institut for Women's Policy Research, Washington D.C.



Ana Ventura Miranda, Art Institut, New York



Sorana Baciu, Former Secretary d'Etat, Romania PWN Bucareste



Miguel Poiares Maduro,
Instituto Europeu de Florenca



Christinne-Anne Chevry, Airbus Helicoptere, PWN Paris



#### **OUTDOOR & ACTIVITIES**







Omid Asgari and Sonya Richardson join PWN Lisbon 2019





#### **OUTDOOR**

Networking activity developed in an outdoor format, during a weekend Have you ever felt like a sardine? So, come and try IT! AWSOME!





#### **WORKSHOP**

Networking activity developed in an indoor format, during a weekend Have you ever felt like creative? Find inside yourself.

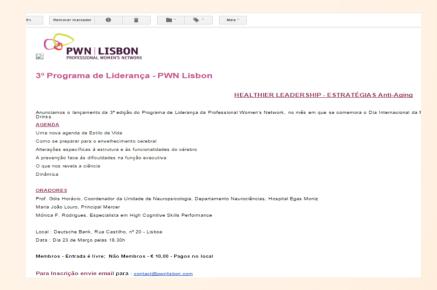


### **COMMUNICATION (BEFORE)**

The Leadership program is broadcasted through several initiatives: email to the PWN Lisbon members, Mentoring Program Alumni and Corporate partners associations, and was promoted on PWN Lisbon's web site and Facebook profile as well.



**Facebook PWN Lisbon** 



**Email** 



#### **INITIATIVE ON THE NEWS**



### **OJE Digital (Nov 2015)**





**Human Resources (Nov 2018)** 



**Executiva ( fevereiro 2019)** 

Jornal Económico (Abr 2017)





#### **INITIATIVE ON THE NEWS**



#### Dinheiro Vivo online (Junho 2018)

https://www.dinheirovivo.pt/carreiras/como-ensinar-o-seu-filho-a-ser-um-lider-de-sucesso-2/

# COMO CRIAR "LÍDERES" ▲ Equipe Rede CpE ⊘ 16/07/2018 № Destaques, Notícias

# A neurocientista Pamela Billig Melo Carpes dá dicas de como criar futuros líderes com atenção e carinho na primeira infância

A neurocientista Pamela Billig Melo Carpes esteve, pesquisaodra da Rede CpE, esteve em Portugal para explicar como se ensinam as competências de liderança e se formam os profissionais do futuro. Professora de psicologia na Universidade Federal de Pampa (Unipampa), ela foi ao país a convite da organização Professional Women's Network Lisbon (PWN Lisbon) e da Abreu Advogados para abrir a 6.º adição do Programa de Liderança Neurociências em Ação que se dirige "às mulheres em funções de middle management", explica Mónica Rodrigues administradora da PWN Lisbon e diretora do Programa de Liderança.

Este ano, o foco foi abrir os olhos dos pais para como é fundamental a primeira infância e a escolaridade pré ensino básico no desenvolvimento de líderes de sucesso. Os estudos mostram que há uma ligação entre a primeira infância e a vinculação parental na promoção de uma vida adulta segura, equilibrada e emocionalmente inteligente. Pamela Billig Melo Carpes, investigadora na área de estresse, memória e comportamento, falou sobre o futuro das profissões e a importância do "aprender a aprender." Estuda a neurociência aplicada à educação, já que, como díz, "para os professores é importante entender como o cérebro aprende e os neurocientistas também têm muito a aprender com os professores."

O seu trabalho é entender o que acontece no cérebro quando aprende e quando não aprende. Neste processo pretende também encontrar formas para proteger o cérebro de perdas de memória. Em entrevista ao Dinheiro Vivo deixou pistas para os país:

# Rede Nacional de Ciência para a Educação Brasil (Julho 2018)

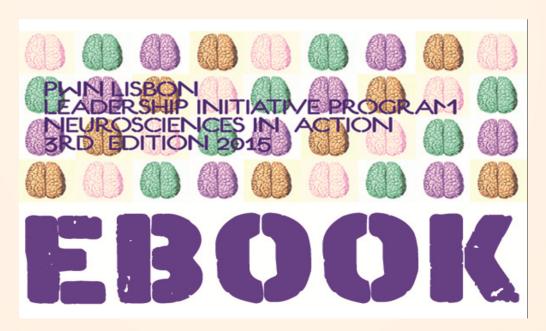
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PWN GLOBA



### **COMMUNICATION (AFTER)**

The Leadership program is preparing an eBook and a flyer to be displayed on PWN Lisbon's web site, summarizing all the relevant information about the initiative, attendees, speakers, content, and including feedback from the Alumni.







### **PHOTOS**













### **PHOTOS**







Networking Lunch @ the museum 2018





**Networking Drinks @ Gin Lovers 2018** 





#### THE TEAM

Do you want to become a Team

Member PWN Lisbon Leadership?

**MEET OUR TEAM** 

#### Contacts:

Ana Maria Ramos Pereira, Community Manager

contact@pwnlisbon.com

#### leadership@pwnlisbon.com

The Leadership team is formed by key leaders, from different sectors, and with diverse background education.

They are highly committed with the Leadership initiative and contribute to the program as keynote speakers, in areas of their expertise.

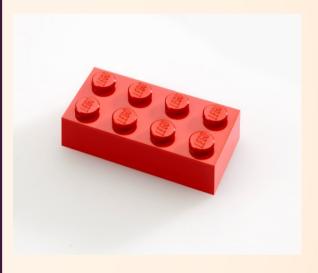


WHAT'S NEXT?

TAKE A ... BRICK!

Come and

**PLAY** 





### FAQ:

1. Who can apply to these courses?

Only PWN members. If you are not a member you become one and pay the annual fee first

2. May I attend level 2 without attending level 1?

Attending level 1 is mandatory to apply for level 2.

3. How much do I have to pay?

First you have to become a member (85€). Then each level costs 120€ (outdoors/workshops/dinners not included)

4. How many sessions do I have to attend to have a certificate DGERT?

You must attend 85% sessions.



### **PARTNERS**

High performance. Delivered.













REN





















# THANK YOU!

BE WITH US & ENJOY THE PROGRAM!

